



20 ACTIVITIES TO DO AT SCHOOL

- 1 Make a "Compliment Wall" with post-it notes.
- 2 Start a school Instagram page. Post pictures of school sporting events, assemblies, field trips, classroom projects, or other positive school related activities.
- 3 Hang inspirational posters around school.
- 4 Hold a "Kindness Week", where every day has a different theme.
- 5 Do a "High-Five Highway" by lining up a bunch of people and as others come into lunch or school give them high-fives.
- 6 E-mail the staff positive photos.
- 7 Cut out smiley faces and have students write things that make them happy. Post them around school.
- 8 Make a "Happy Place Wall". Post a picture or description of your happiest place on Earth.
- 9 Do a "Coolest Person on Campus" activity. Submit a picture of someone on campus. Give a prize to whomever can find and bring that person to the leadership room first.
- 10 Interview one person you don't know. Write that person's name and one interesting fact about them. Post.
- 11 Hang inspirational quotes around campus. Pick one to make part of announcements each morning.
- 12 Hold a positive photo or video challenge.
- 13 Tape positive messages on the lunch trays or on lockers.
- 14 Make a "What Makes You Happy Wall". Post a picture or description of something positive makes you happy.
- 15 Tape an idea for a random act of kindness under each desk. The person who sits at that desk must perform that act.
- 16 Do an activity where you and others give a compliment and receive a compliment.
- 17 Have everyone write a "love letter" to someone else. Fill up a container and pass out the letters at the end of the week.
- 18 Get t-shirts, divide into teams, and have each team try to get as many "celebrity" (student) autographs on their t-shirt. Prize for the team with the most signatures and for everyone who signed the winning shirt.
- 19 Give out random positive messages.
- 20 Make an inspiration wall. Post a picture of someone who inspires you and a reason you are inspired by them.

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